



Yes™

Scientifically-Advanced
Nutritional Supplements

Plant-Based Parents Plus GLA
ULTIMATE EFAs

Dietary Supplement

8 FL oz (236 mL)

Store below 80° F. Do not freeze.

Manufactured for Your Essential Supplements, Inc.
711 South Carson, Suite 6, Carson City, Nevada

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Supplement Facts

Serving Size 1/2 Teaspoon

Servings Per Container 90

	Amount Per Serving	% Daily Value*
Calories	19	1%
Calories from Fat	19	1%
Total Fat	2 g	3%*
Saturated Fat	0 g	0%
Proprietary Blend	2.46 mL	
Organic Evening Primrose Oil		†
Organic High Linoleic Sunflower Oil		†
Organic Flax Oil		†
Organic Pumpkin Oil		†
Organic Extra Virgin Coconut Oil		†
**Organic High Linoleic Safflower Oil		†

* Percent Daily Value based on a 2,000 calorie diet.

† Daily Value not established.

This remarkable formulation is unique and highly specialized. Yes™ Plant-Based Parents Plus GLA Ultimate EFAs™ are “Parent” omega-6 and “Parent” omega-3 EFAs plus critical GLA. This formula is higher in omega-6 than omega-3, contains all organic oils and NO fish oil.

Directions for use: 1/2 teaspoon in the morning and 1/2 teaspoon at lunch or dinner. When extra energy is needed more can be taken (1/2 tsp. 20 minutes prior to workout, etc.). Can be taken with or without food. Adults take at least 1 teaspoon daily. Refrigerate after opening. Patent Pending. **Availability permitting.